



ACTION

A SUCCESS STORY

After attending a CHW training on cancer prevention, detection, and treatment in Rio Grande City, a young promotora approached the ACTION project CHW Instructor and said that she had become concerned for her health while listening to the portion of the presentation relating to colorectal cancer signs and symptoms. The promotora told the ACTION CHW Instructor that she had not been feeling good and was worried that she might be experiencing some of the signs and symptoms presented in the training.

Additionally, the promotora's mother had just finished treatment for stomach cancer, and the promotora understood much of what had been discussed during the treatment section of the presentation since it was very similar to her mother's treatment. At the instructor's encouragement, the promotora consulted her doctor following the training. The doctor validated her feelings and explained her personal risks for cancer. The promotora now has peace of mind.

She later informed the ACTION CHW Instructor that she was glad that she had attended the training. The promotora has made an effort to now talk with her older brothers about getting themselves screened, sharing the information from the ACTION project with her family members and promoting cancer prevention and detection awareness.